



CHAPTER

02

THE UNEXPECTED JOURNEY

When I almost turned 50, something shifted inside me. The kids were older, the noise had quieted, and for the first time in years, I could hear my thoughts, and honestly, some of them scared me.

I had been a full-time mother, a wife, a caretaker, and a support system. But who was I when no one needed me at every moment? The house felt more spacious, but my life felt smaller. Something was missing. Or maybe I was finally ready to admit that I was missing.

So what did I do? And many empty nest moms do? I got myself a dog, a Puppy Pomeranian.

We named him Jimmy, a tiny, fluffy burst of joy with a huge personality. I needed to convince my husband and my son, Dylan, but after long debates. And some negotiations, I finally got my own little pom.

Yes!! I could be that mommy again. I bought him a push chair, tiny little jackets, Plush Toys, and tons of harnesses in multiple colors.

Through Jimmy, I created an Instagram community called **Pom Moms Marbella**. What started as cute pictures and daily moments evolved into something tangible: charity events, local press, and a vibrant community of women, laughter, dogs, and connection.

It felt great to be needed again, but this time, on my own terms. But then, a TikTok post changed everything.

Jimmy and I were just watching a film and having some popcorn (including Dog Popcorn). I thought it was funny and posted it with a trending sound. That's it. But that video? It popped. And so did my following. And something in my brain said:

"What if this could be something more?" "What if this is happening for a reason?"

So I googled how to monetize with TikTok. Going Live was the only option for me to monetize directly.

And so, at the age of 49, I started with TikTok Lives. At first, it was awkward. I didn't know the rules, the lingo, or the tech. Somehow, I kept telling myself and others that this was an experiment.

My experiment!!

I told my son and husband to be on the other side of the house because I felt embarrassed. But I remember the first \$1 I made; I was on the live side of TikTok for two hours, and the excitement was real! And I made a total of \$28 in my first month. Whoop whoop!!

Most of my friends laughed at me. Even the term "midlife crisis" was whispered by some.

But my eyes were in the prize!! Keep going, Lil, you're having fun, right?

I kept showing up and kept trying. And that spark inside of me? I was lighting up! Glowing, my confidence was boosted! And of course, there was the commitment and consistency....

And twelve months later, I hit that 5-figure number! And not because I had a media team or a glamorous lifestyle. Because I dared to believe that I could still start over and win. And let me tell you this, loud and clear:

You Can Reinvent yourself at ANY age! You are not too late. You are not too old. You are not stuck. But hear me out, of course, I'm not telling you that you need to open your camera and start vlogging or going live. But you can direct your own life. At any time, at any age.

You can fall in love again with a partner, or with yourself.

You can launch a business.

You can move to another country.

You can build wealth.

You can finally say “yes” to yourself.

You can start a singing career.

You can become a DJ!!

No rulebook says your best years are behind you. But there is a choice, and you get to make it right now:

You can choose a next-level life even today. Because guess what? Big money still exists. Big love still exists. Enormous joy still exists. And your big moment?

It might be waiting on the other side of one bold decision. That decision may be downloading an app. Maybe it's going live. Maybe it's starting a business. Or maybe it's just finally permitting yourself to dream again. This book isn't just about me. It's about you.

And the power that's already inside you to write your next chapter, no matter what society says about your age, your story, or your past.

Let's turn the page together.

Mantra

I AM COLLECTING EVERY PIECE OF ME AND CALLING HER WHOLE.